



2020 FIRST AID/CPR SCHEDULE

American Safety and Health Institute (ASHI) First Aid, CPR, AED, and BLS for HCP classes

District Headquarters:
10222 Bujacich Rd NW
Gig Harbor, WA 98332

To register for any of these classes, bring cash or check payment to Gig Harbor Fire & Medic One Headquarters. You will receive a text book at that time and be placed on the roster.

ASHI CPR/AED

(Certified CPR & AED) The CPR/AED course is designed for participants who are not healthcare providers but desire, or are required to be certified in CPR and the use of an AED. The course is for individuals that work as lay rescuers such as employees in the workplace, day-care workers, teachers, airline personnel, security guards, or family members of patients at high risk for sudden cardiac death. This course of instruction covers CPR, choking, airway barriers and AED for adult, child, and infant. The certification is valid for 2 years.

Fee: \$35.00

Wednesday Class – 6:00pm – 9:00pm

January 8	May 6	September 2
February 5	June 3	October 7
March 4	July 1	November 4
April 1	August 5	

Saturday Class – 9:00am – 1:00pm

February 22	August 22
April 18	October 24
June 20	

ASHI First Aid/CPR/AED

(Certified Basic First Aid, CPR & AED) The Basic First Aid / CPR / AED combo course meets the required standards for OSHA / L&I. It combines the information and skills needed to provide adult CPR and use of an AED with basic first aid. The course is intended for individuals who are not healthcare providers or professional rescuers but desire, or are required, to be certified in basic emergency medical care. Perfect for emergency response teams in business and industry, teachers, parents, adult residential care personnel, and babysitters. The course will provide training to develop basic first aid knowledge and skills along with the confidence to treat choking victims; rescue breathing with a barrier device; the use of an AED with CPR; and providing first aid for acute injuries and sudden illness. Certification is valid for 2 years.

Fee: \$45.00

Saturday Class – 9:00am – 5:00pm

January 4	May 2	September 5
February 1	June 6	October 3
March 7	July 11	November 7
April 4	August 1	

ASHI (BLS) for Healthcare Providers

(Certified BLS) The BLS course is designed for Healthcare Providers and Emergency Medical Services personnel and is accepted by the National Registry of Emergency Medical Technicians (NREMT). The course is for physicians, nurses, respiratory/physical/ or occupational therapists, physician assistants, medical or nursing students or nursing assistants and other allied health providers. This course of instruction covers recognizing life-threatening emergency, how to provide basic life support, CPR, AED, airway barriers, BVM, and what to do in case of airway obstruction. There is a written exam and the certification is valid for 2 years.

Fee: \$40.00

Saturday Class – 9:00am – 5:00pm

January 25	July 25
March 21	September 19
May 16	November 21

What is the American Safety & Health Institute (ASHI)?

ASHI training programs are recognized, accepted and approved by, or meet the requirements of, nearly 2,400 state regulatory agencies, occupational licensing boards, national associations, commissions and councils in more than 120 occupations and professions. ASHI resuscitation training programs are developed and administered by Health & Safety Institute. ASHI training programs are equivalent to the training programs developed and administered by the American Heart Association and the American National Red Cross. For more information on ASHI training programs, visit emergencycare.hsi.com